

TRACY DAHDOUNH

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Tracy Dahdouh is a Lead Digital Outreach Strategist and Product Development Executive for the MENA (Middle East and Northern Africa) Region, serving at New Heights Ministry in Beirut, Lebanon. Starting her walk with Jesus at a young age, she has been fortunate to contribute to transformative projects that have brought the Word of God to youth and children in the MENA region. Tracy is currently pursuing a Master's degree in Global Ministry Design, building her capacity to develop Gospel-centered programs that share the hope of Jesus in the region. Outside of her professional pursuits, Tracy enjoys playing tennis and exploring her passion for acting.

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**“God did not design us to pass the days.
We were designed for a life of flourishing,
not dependent on any circumstances, but
on our relationship with him.”**

REACT

What are you waiting for? Today is a day God has designed for you to flourish!

Do you hear that and immediately list several circumstances that keep you from completely and totally living your best life?

The danger of living that way is that the growth, purpose, and joy of today is eclipsed by anticipating the moment your supposed “real life” begins.

Psalms 1:3 describes the life available to God's people as one that draws strength from being rooted in God and not the surrounding elements.

**“They are like trees planted along the
riverbank, bearing fruit each season.
Their leaves never wither, and they
prosper in all they do.”**

—Psalm 1:3





THINK ABOUT HOW YOU LIVE YOUR LIFE. DO YOUR WORDS AND ACTIONS CAUSE PEOPLE TO WANT TO KNOW MORE ABOUT GOD?

REFLECT

What are some of the things that distract you from experiencing an abundant life in God?
What are some of the spiritual practices that keep you rooted in God?

The life God offers is dependent on him. He allows every season to be one of growth and every day to be one in which you can be fruitful and flourish.

"...I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit. For apart from me you can do nothing." —John 15:5

Just as good fruit on a vine's branches is the result of the nourishment that flows from the vine, your fruit is a result of Jesus' life flowing through you. People in your circle of influence are drawn to this fruit.

RESPOND

How would your life and leadership change if you shifted your focus away from the future and instead committed to flourishing in the day God has given you today?

Today, God has given you opportunities to glorify him. Today he has words of wisdom and encouragement to share with you. Today is a day he has designed for you to thrive and to be transformed.

Some days are more challenging than others, but today will never come again. Today, your connection and reliance on God can produce growth, maturity, joy, and spiritual fruit.

REVIEW

- When we wait for the next best thing, we risk missing out on what God has for us today.
- When we live connected to Jesus, we thrive as God intended.
- Just as the branches of a healthy vine bear good fruit, God produces good works in us.

MEMORIZE

"WHEN YOU PRODUCE MUCH FRUIT, YOU ARE MY TRUE DISCIPLES. THIS BRINGS GREAT GLORY TO MY FATHER."
—JOHN 15:8

ACTION STEPS

- List three obstacles that have your life on pause.
- Pray and ask God to open your eyes to the potential of today.
- Choose a spiritual discipline like Bible reading, prayer, or fellowship to deepen your connection to God.